



Special points of interest:

Council update

Page 2 Graffiti / bins and lights—we need your help

Page 3 Community Grants scheme - last chance for this year

Page 3 Launch of Riccall Park with photos

Page 4 Sad goodbye to old village tree

Page 12 Never too old to learn something new..

September 2009

Riccall Parish Council

7 Hall Farm Close

t/f: 01757 249222

e: lindsey.ryan@riccallpc.com

w: www.riccallpc.com

Council news

Welcome to the autumn 2009 edition of the Riccall Beacon.

Traffic

NYCC Highways has been in touch with John Grogan MP to state that a temporary vehicle activated sign will be trialled near to the Park on Main Street. This is in order to monitor it's success, before a permanent sign is considered. We await further details on when this might happen.

Grants

The Council continues with the 'Community Grants Scheme,' with grants so far this financial year, being awarded to Riccall Football Club (volunteer training), Riccall Sportsfield Association (repairs and CCTV contribution), Riccall Tennis Club (improvement of facilities), Riccall Youth Club (art project / Riccall skate park) and a new venture - Riccall Cricket Club (safety & playing equipment).

The grants scheme has been very popular this year, with members having to take some difficult deci-

sions about available funding. Further applications are about to be considered in October.

Refuse Collection

There have been mixed views about the Selby DC decision to reduce the collection of black wheelie bins to once per fortnight. Riccall Parish Council objected to the decision to reduce this service, though welcomed the increased kerbside recycling service for plastic and made this clear at a meeting with a SDC Environmental Health spokesperson. However, these new arrangements will be put in place from October. You should all have received a new timetable for collections. If you haven't, the poster will be displayed on the village green notice board.

Autumn footpaths

The new grass cutting contract has improved the maintenance of all village footpaths and snickets this year. With winter fast approaching and long country walks looking less appealing, can we please appeal to all dog owners to ensure that the village

paths remain free of dog fouling. Anyone witnessing dog fouling can report the owner to Bill Parker, the area dog warden on 292123.

Projects

The Recreation Ground development is now complete (read page 3 for further details about the launch that was held recently), although the Recreation Group may come back to look at further development at a later stage. The Westfield project will now be given priority and hopefully, dependant on funding as ever, junior football facilities will develop on-site quite quickly.

Have a great autumn. Riccall Parish Council

Inside this issue:

Table with 2 columns: Topic and Page number. Topics include: What's new? (1), Graffiti / bins / lights (2), Launch success! (3), Recipe— Christmas cake (4), Community News (5-7), Police information (8), Nature Watch (10).



Carnival helpers



Thank you very much to Balfour Beatty Infrastructure, who have been lending us the 'Road Closed' signs for the village carnival in June and for the Dickensian event in December each year. The company has agreed to donate some signs to the village, in order to help with future events. This kind donation is very much appreciated by both the Council and the Carnival Committee.



Graffiti / Criminal damage at Riccall Recreation Ground

Over the summer holidays, numerous small batches of graffiti appeared all over the play equipment and benches at the Recreation Ground and four new signs were totally defaced. The Council has worked with local police officers to try and stop these irresponsible actions spoiling the area for everyone else. Following investigations, two young people have been caught for some of the graffiti and will be paying back the community in some way, through the youth service. The graffiti has now been cleared and new signs have been ordered.

Although Riccall Parish Council has always, and will always, pledge support for it's young residents, this behaviour will not be tolerated and all incidents of graffiti and criminal damage will be followed up. The Council realises that it is a small minority of young people who cause these problems and congratulates the majority for using the area responsibly. If anyone witnesses any anti-social behaviour at the Recreation Ground or anywhere else, please take a stand on behalf of your community and contact **Selby Police 0845 6060247 to report it.**



Litter bins, salt bins and streetlights. We need your help!

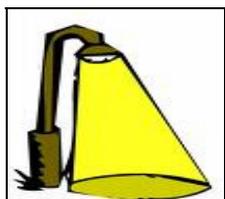
Two new **litter bins** have been ordered for the Recreation Ground, due to the new area and the popularity of the area and these should be installed shortly. We ask for your help in using them correctly.



strongly that there **should be a salt bin at a particular spot in Riccall—let us know** and we will consider it before locations are finalised.

Winter is on it's way and the Council has just entered into a new **street-light** cleaning and maintenance contract, hopefully keeping the village streetlights burning brightly. If you notice any

lights out or defects—please do let us know. It helps greatly, if you note down the column number before phoning or emailing us. Many thanks for your help with this.



The Parish Council has taken a decision to budget for **salt bins** this year, in preparation for winter 2010. If you feel

Contact Details - Riccall Parish Council

Chairman 2009/10

Cllr Brian Keen
Fuchsia Cottage, Kelfield Rd

Vice-Chairman 2009/10

Cllr Edward Wilkinson
25 Viking Drive

Members

Cllr Howard Adamson -12 Holmes Drive, **Cllr Keith Dawson** - 3 Kelfield Rd, **Cllr John Duggan** -1 Lucerne Close, **Cllr Ann Kilmartin**—5 Chapel Lane, **Cllr Steve Sharp**, 33 York Rd, **Cllr Rupert Somers-Joce**, 9 King Rudding Close, **Cllr Andrew Tibbett** - 4 Romans Close, **Cllr Lily Wilson** -10 Mount Park, **Cllr David Winterburn** - 20a Kelfield Rd

Mrs Lindsey Ryan—Clerk/RFO
7 Hall Farm Close
Riccall YO19 6NT
Tel/Fax (01757) 249222
Lindsey.Ryan@RiccallIPC.com





Riccall Recreation Ground - launch day success!

Great thanks go to Community Spaces, who as part of the funding bid for the new pre-school area, allowed an extra £1000 funding in order for the Recreation Development Group and Parish Council to hold a launch event. The Parish Council also contributed £500 to the launch event, which was held on Saturday 12th September to celebrate all of the work that has been done over the last few years to provide the current facilities.

The day went well, with fantastic weather (we were very lucky!), skate training by SK8 SAFE followed by a skate jam with great competition prizes, a DJ, a barbecue which was free to residents managed by Riccall Scout Group, a 'beat the goalie' competition organised by Riccall United FC juniors and face painting from Aurora.

Particular thanks to Riccall Scouts and Riccall FC for giving valuable group time in order to help out on the day.

Parliamentary candidate, Nigel Adams, officially opened the whole area, by cutting a ribbon into the new pre-school area (see photo below).

The Recreation Development Group will now be concentrating its efforts on the development of Westfield for junior football facilities...we will keep you up to date on that project!



Riccall Parish Council Community Grants Scheme 2009/10



From 1st April 2009, Riccall Parish Council has a limited amount of funding available for Riccall Community groups to apply for.

In an effort to support its community groups, the Parish Council would like to encourage applications for small grants, up to a maximum of £500.

You will need to clearly demonstrate why you need the funding and complete an application form.



Remaining deadline for this year is;

27th November 2009

For an application form—contact:

Lindsey.Ryan@Riccallpc.com

Or call (01757) 249222

Sad goodbye to old village Chestnut tree



Selby District Council has informed us that the huge Horse Chestnut tree on Back Lane (on the grass verge outside Chestnut Terrace) will have to be felled for health and safety reasons. The tree is suffering from a disease and will come down within the next few months.

Residents living nearby will be given notification about when work is about to start and it is likely that Back Lane will be closed to traffic whilst the tree comes down. Selby DC will plant another tree in its place—if you have strong feelings about which kind of tree - let us know and we will

pass it on. Should it be another Horse Chestnut or something else?

Last autumn for collecting conkers then!



Recipe Corner - Light Christmas Cake (is there such a thing??)

Ingredients: 125g (4oz) glace` cherries, 50g (2oz) glace` pineapple, 225g (8oz) currants, 225g (8oz) sultanas, 125g (4oz) chopped mixed peel, 125g (4oz) plain flour, 225g (8oz) butter, finely grated rind of 1 lemon and 1 orange, 225g (8oz) soft brown sugar, 50g (2oz) ground almonds, 4 eggs (beaten), 100g (4oz) self raising flour, 30ml (2tbsp) lemon juice, 45ml (3tbsp) brandy, apricot jam, 550g (1.25 lbs) marzipan, 700g (1.5lbs) royal icing (separate recipe below for royal icing).

1. Butter and line a 20.5cm (8 inch) round cake tin.
2. Quarter the cherries, wash if syrupy and dry well. Cut the pineapple into small cubes and mix all the fruit well together with 45ml (3 level tbsp) plain flour.
3. Whisk the butter, add the lemon and orange rind and sugar and continue to whisk until pale and fluffy. Stir in the almonds. Beat the eggs in little by little and lastly fold in the remaining sifted flours, fruit, strained lemon juice and brandy.
4. Turn into the prepared tin. Bake in the oven at gas mark 3 (170°c) for about 2.5—3 hours, covering loosely with foil if the top gets too brown. Cool in the tin.
5. Store the cake in an airtight tin for at least a month (keep feeding the cake intermittently whilst stored with a bit of brandy, if you want it to be more boozy!) before brushing with apricot glaze and covering with marzipan.
6. Leave to dry and then cover in royal icing.



Royal icing can be made with 4 egg whites, 900g icing sugar, 15ml lemon juice and 10ml glycerine.



Whisk the egg whites until frothy, sift and stir in the icing sugar very gradually with a wooden spoon, beating well after each addition. Once about three quarters of the icing sugar has been added, beat in the lemon juice and keep beating for about 10 minutes until the icing is smooth and meringue like. Beat in the remaining icing sugar and finally stir in the glycerine, which prevents the icing becoming too hard.

Good Luck - best to make your Christmas cake towards the end of October!

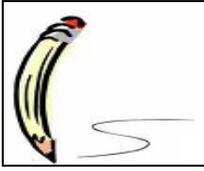
Recipe from the editor *Lindsey* *P.S Please send me your favourite recipe for the next issue (December)—something else Christmassy maybe or for New Year's Eve?? Deadline 6th November. Thanks.*





Community Notice Board.....

Did you have something to add?



This is your section of the Beacon, providing an opportunity for community groups to submit articles about their group and about what it does. Attempts have been made to reach most groups via email but apologies if we have missed yours. Any community group in Riccall can submit an article but we do ask that they are kept to a maximum of around 200 words, so that we can be inclusive and fair to all groups. Ideally please email the article to Lindsey.Ryan@RiccallPC.com. The Beacon will be produced in March, June, September & December of each year; the remaining deadline for 2009 is Nov 6th. Many thanks for all of your articles to date. Deadlines for 2010 editions will be listed in the December Beacon.

Lindsey Ryan - Editor

WHAT'S GOING ON IN RICCALL?

Riccall United FC & Riccall United Juniors FC - progress report Sept. 09

United's First Team has started their 2009/2010 Premier Division campaign with 2 wins and 4 defeats, but has performed well despite missing several key players. With players to return and with a bit more luck once they have adjusted to the higher level, United will hope to build on their mid table position with all teams taking points from one another at the minute.

The Reserves will have only just started their push for promotion to Reserve A by the time you read this but with new faces galore they will be hoping to have made a bright start.

Steve Rodwell's Under 10's have started their inaugural season in the Selby & District Junior Football League with a 3-1 away victory over Monk Fryston with goals from Man of the Match Ben Dixon, alongside Joe Vince and George Wainwright. By the time you read this they will be well into their season, as will the Under 7's. Home games are held Saturday mornings 10:30am at the Primary School after the club successfully formed a Club-School

Link.

Since we last reported on the new Junior Section, the club has created an Under 7's team, managed and coached by David Lalley and Jamie Wetherill. This team is in addition to the Under 10's and we have also successfully organised and held a Junior Football Tournament. The club is now in the process of creating a 5 year Club Development Plan; applying for Development Club Charter Standard Status; and the creation of a Club Newsletter along with the proposed development of the current website.

We are still looking for further volunteers to occupy various roles inside the club, including manager and coaching positions in the junior section for the 2010/2011 season. It would be ideal to get these people on

board and involved now, so that every aspect of our preparations can be covered well in advance.

And finally, the club would like to thank Riccall Parish Council for awarding the club with a small grant of £410. It was spent on the development of volunteers through training. It is the second time in the last year or so the club has been given such a grant.

For full details of events; league tables; club news; fixtures; results; statistics; and to contact the club, please visit www.riccallunitedfc.com

Thank You for your continued support

Liam Bradley
Club Secretary & 1st
Team Manager
Riccall United FC



Thank you to all those who attended the dance held in aid of the Yorkshire Air Ambulance back in July.

We raised **£706!** Heather Garbett—event organiser



Community Notice Board.....



WHAT'S GOING ON IN RICCALL?

Riccall Primary School

Cleaner required

A vacancy has arisen for a cleaner to work 2 hours per day after school Monday to Friday and to clean during one week of the Easter holidays and 2 weeks of the summer holidays.

Relief Midday Supervisors required

Riccall CP also has vacan-

cies for relief Midday Supervisory Assistants.

Applicants for all school vacancies are required to undergo an enhanced Criminal Records Bureau check (CRB)

Interested? Contact the school office on 01757 248234 for an application form. Closing date Friday

2nd October at noon.

Free tables and chairs!

The school has five second hand hexagonal tables and 20 plastic chairs to give away. If you would like them please contact the school office.

01757 248234

TO CELEBRATE OUR 10TH ANNIVERSARY

RICCALLISH ALLSORTS

Present an evening of wedded bliss!

AT THE REGEN

On

FRIDAY 2nd and SATURDAY 3rd OCTOBER 2009

At 7-30pm

There will be two short plays

HENRY HEREAFTER

By Hal D Stewart

Find out what happens when Henry meets his six wives at the pearly gates



THERMAL UNDERWEAR

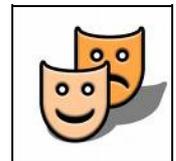
By Andrew Davies

Sex, laughs and creaky floorboards

TICKETS ON SALE at THE REGEN from 1st SEPTEMBER

PRICE £5 and £4-50 concession

Bar Open



RICCALLISH ALLSORTS

PANTO TIME

We have chosen Mother Goose as our Panto on February 11th, 12th and 13th 2010. This is a real community event and we welcome people to join in ,in many different ways; whether it be acting, singing, painting, joinery or helping at the front and back stage. There is to be an open meeting at the REGEN CENTRE in the Viking room on Tuesday November 3rd from 7pm to 8pm to find out more and for the **CHORUS TO ENROL** (must be year 5 and over please). If you cannot attend this evening but would like to join, please call Ken 248884 or Chris 249161 for more information.





Community Notice Board.....

Ladies Indulgence Evening — Riccall Regen Centre

**Thursday
19th November
2009**

**7pm start
Only £1 on the door**

shoes, wraps, jewellery, Smile handbags, raffle and more—including a great time for you to relax.

Bring a friend—enjoy a glass of wine and spoil yourself!

Contact Jane or Justine to book your treatments / tarot in advance

jane@riccall.co.uk
justine@riccall.co.uk
www.riccall.co.uk



(01757) 248849



Funds raised go towards supporting the Regen Centre. C.H.I Events will be making a donation to York Against Cancer.



Massage, handbags, tarot, soaps, aloe vera, my little wrapper, captain tortue designer clothes, drinks and nibbles, bar open, pearls,



WHAT'S GOING ON IN RICCALL?

Riccall Tot Stop - Tuesday afternoon fun!



We are a parent and toddler group, welcoming babies, pre-school children and their parents, grandparents or carers.

We meet every Tuesday (during term time) from 1-3pm in the Riverside Room at the Regen Centre.

Sessions cost £1.50 for a parent and 1 child (25p extra for each additional child) For more info. contact Sue Hill (Tel: 249061) or Dawn Smith (Tel: 249190)

1st Riccall Scout Group presents... 'Starting Out'

Our very first Gang Show



**The Regen Centre
Saturday 17th October
2009**

Scouting members and Groups)

Evening Performance at 7.30 pm

Tickets available from any Leader or the Regen Centre from the 1st October:

£2 - Members of the Scout Association

£4 - Adults

£2 - Concessions

fun and entertainment!

Come and join the fun. Support your local Beavers, Cubs and Scouts and 'Ride Along on a Crest of a Wave.....!'

Gone Home

The show is dedicated to David Southall.

Matinee Performance at 2.30pm (for all District

Songs, sketches and an evening of laughter,





How should I contact the local police??...

There are various methods of contacting your local police but in an emergency only use 999. The other options are shown below:-



1. Via the Call handling centre Tel.No **0845 6060247** asking to report a **non urgent** incident.
2. Via the Call handling centre Tel.No **0845 6060247** asking to speak to your **Safer Neighbourhood team**. (This may be an answer machine but please leave your details and you will be called back)



3. By email—address is **SNTSelby@northyorkshire.pnn.police.uk**
4. Via the **contact links** on the North Yorkshire Police **website**
5. By visiting a **'ROUTE 4 U'** stop as advertised on Arriva buses, Parish notice boards or again NYP website under Selby East SNT section and at the bottom of this page!



6. **By mail**—address Selby Police Station, Portholme Rd, Selby YO8 4QQ
7. By stopping & speaking to a COP or PCSO working on your or any other NYP area.



8. By leaving us a message in one of our 6 secure post boxes, distributed across the area—again advertising on our web pages.
9. By telling us about the issue on one of our postcards entitled—**'Help Influence Policing Priorities'** available from both our mobile and main police stations.

You can, if not wanting to speak directly to the police, use one of our Third Party Reporting locations—again these are advertised on our website and are intended to help members of the public who fear making direct contact with us to get help with their problems / issues.



ROUTE 4 YOU



What is Route 4 You? A Mobile Police Office (MPO) with dedicated dates, times and locations covering the local area.

Why do we need it? Crime prevention advice, high visibility patrols on cycles, referrals to partner agencies. Meeting your local officers face to face.

When will the MPO be in Riccall? Between 3.30pm and 4.30pm outside the fish and chip shop on the following dates; 11/10/09, 07/11/09, 05/12/09, 02/01/10, 30/01/10, 19/02/10, 06/03/10 and 27/03/10. See the 'crime prevention' section of the notice board on the Village Green for further information.



Community Notice Board.....



Selby District Citizens Advice Bureau

Open to the public for drop in and appointments:

Monday 9.30 to 1.00
 Tuesday 1.30 to 4.00
 Wednesday 9.30 to 1.00 and 1.30 to 4.00
 Thursday 4.30 to 6.30
 Friday 9.30 to 1.00



Open to the public for telephone advice on 08451 203 718:

Monday 1.30 to 4.00
 Tuesday 9.30 to 12.00
 Wednesday 1.30 to 4.00
 Thursday 1.30 to 4.00
 Friday 1.30 to 4.00



Anyone in need of advice can either call into the bureau at Rear of 4 Park Street, Selby or telephone 08451 203 718.

Alternatively to arrange an appointment at one of our weekly outreach venues based in Sherburn, Tadcaster or Brotherton please telephone the outreach appointment line on 01757 293015. Please contact us if you would be interested in being trained as a CAB advisor.

Riccall Pre-school — Fun in the Forest!



Riccall Pre-school held Forest School sessions at Skipwith Common throughout the 2008/09 academic year and due to their success and popularity have planned sessions in for each term this coming year too.

Research shows how children benefit from engaging in outdoor learning opportunities, particularly when they have direct experience of learning in and about the natural world.

Forest schools, which originated in Sweden, is an approach that promotes learning outside in the constantly changing natural environment. The Forest Schools website (www.forestschools.com)

highlights a study conducted in Sweden, comparing groups of children attending Forest School settings, with those attending more urban settings. The study found that, *“the children in the Forest School are more balanced with greater social capability, they have fewer days off sick, and are more able to concentrate and have better coordination than the city kindergarten children.”*

Riccall Pre-school’s Experience

All of the 2008/09 summer, autumn and winter sessions were greatly enjoyed by the children; and staff have received positive feedback from

parents. The staff team is eager to build on this success and ensure that the children continue to reap the developmental and educational rewards offered through such experiences. The Forest School sessions last approx. 2 ½ hrs and comprise of walks, climbing, snack time, singing, mark-making and imaginative play. We encourage any parents or guardians interested to come along this term with their pre-schoolers and take a look at what fun we have!

For session dates, further information about Riccall Pre-school or a prospectus please contact **01757 249669**



RICCALL REGEN – Business and Community Centre



Next September is the 10th anniversary of the official opening of Riccall Regen by the Duke of York. We shall be celebrating our 10th year with a series of events during 2010, many in conjunction with our major users. If you would like to help us celebrate, or have any ideas as to what we might do, please give us a ring on 01757 248849.



Riccall Regen continues to develop its facilities to meet the growing and changing demands of our customers. We are in the process of re-decorating the building, in which seven rooms are available to hire for meetings, business, sporting and social presentations, parties, concerts, badminton and much more. Room hire charges start as low as £6 per hour. Our 'Big Top' marquee, coupled with our bar and catering facilities, is proving to be a great success for that special event. Our Windmill Nursery now has a new outdoor play area to add to the excellent facilities and care already on offer.

Why not take a trip down Landing Lane to see us or have a browse on our website www.riccall.co.uk.

Here's to the next 10 years!



Nature Watch in Riccall

This damp summer has been good to most wildlife, with more young Thrushes, Blackbirds, Goldfinches, Dunnocks and Robins than I have seen for years. Fewer Swifts in the village left us by mid August and it seems to have been a poor year for the Tit families. My two pairs of Swallows each reared eight youngsters in two clutches but there were far fewer House Martins around. A monthly observation for one hour in Northfield by Kerry our RSPB adviser, shows that Goldfinches and other Finches dominate her counts since last August, with Blackbirds and Robins always about.

The newly planted Northfield wood has generally done well, despite lush undergrowth. Old trees along the field walk and in the hedgerows were covered with insects, bees and butterflies during their flowering season and lots of people have commented on this as they walk around the Meadow and Green. Almost 40 wild flower species have been observed in the Millennium Green nature areas, where trees are now maturing quickly. More people and small village groups now enjoy these peaceful surroundings, despite the A19!

Bats are become scarcer in the village. They will disappear if more of us do not help them with bat boxes erected under our house eaves on warm south or west facing walls. We need to replace their natural homes as old trees die or are felled and we tightly seal our house eaves. Bats are a protected species but this is a useless law if they have nowhere to live. One Bat does a fantastic job of removing thousands of insects that could become an increasing pest to us all-please make an effort to help them.

Paddy Hodgkiss of Riccall Lands Charity

"Bats are a protected species but this is a useless law if they have nowhere to live."



Message from Riccall Neighbourhood Watch

A meeting was held between the Parish Council and officials of Riccall Neighbourhood Watch to discuss ways of improving communications to all residents, rather than just RNHW members, in the event of an emergency situation in the village. Obviously the best way would be for all residents of the village to become members of RNHW (cost £1 a year), so that they received the regular newsletter. However, it was agreed that in the event of something occurring that was deemed sufficiently serious, RNHW would leaflet drop the whole village. It is not expected that this would occur so often as to be to the detriment of the members who had taken the trouble to join RNHW. **Bob Owens — Chairman**

Selby and District Carers Centre



Selby and District Carers centre officially opened its doors on Tuesday 9th June 2009. If you are an adult or young carer and look after some-one that is elderly or frail, has a disability or mental health issue and need some advice, information or support then give us a call on 01757 292532 or

selbycarers@wilfward.org.uk



come to our coffee mornings and meet the staff—held every Monday from 10am—1pm. All welcome—both the cared for and all past and present carers.

Selby Carers Centre
Unit 18,
Ousegate Business Centre,
Ousegate,
Selby



YO8 4NN



STOP PRESS: A few small plots are becoming vacant on the Field Garden Allotments in early 2010.

Interested in getting your name down? - ring Paddy on 249201

Crazy Auction



Crazy Auction and tombola on Saturday 31st October at the Regen Centre. Proceeds will go to a children's cancer charity. Donations of saleable goods will be gratefully received on the morning of the auction, such as bric-a-brac, toys, books, kitchenware, small furniture, garden tools and equipment.

For further details contact Doreen on 01757 248562

Macmillan Coffee Morning - Friday 25th September



MacMillan Coffee Morning
Friday 25th
September
10-11.30am
Methodist Chapel

A warm welcome awaits along with coffee or tea, biscuits, cakes, bric-a-brac.etc. All money raised to MacMillan Cancer Support, who do a fantastic job not only supporting the Cancer sufferer but their families

too. None of us know when we might need their help!



Friends of Riccall School - a really big thank you!

Lots of fundraising has been happening over the last year and we need to thank all of you that continue to support our efforts for our village school.

Bags-2-School has raised over £1000, which has already been spent on new classroom furni-

ture.

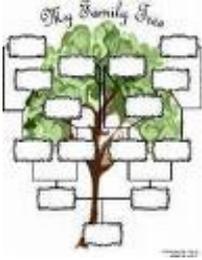
There will be another opportunity to bring your old clothes to school on **Tuesday 17th November**. Please continue to save them for us and bring them in on that day. Bags will be available nearer the time in Costcutter and the Post

Office. We can only accept **second hand clothes** on this occasion.

Thank you so much to those of you that came along to the **summer ball** back in July. It was a huge success and one that we intend to repeat next year!



Learning for life...in Riccall



The Riccall branch of the WEA has worked hard for many years to provide interesting & short adult education classes, offering a chance to learn new things.

Anyone over the age of 16 years can join a class and those in full time education or claiming income support or certain benefits can join an 8 week class for only £5. All others pay £3 per hour (£48 a class).

Why not make 2009/10 your year to enjoy a class and ensure that this village provision survives.



(10 spaces). You can improve your balance, co-ordination, mobility, relieve stress and relax. You will need flat shoes and loose clothing.

EXPLORE YOUR COMPUTER class on Monday evenings from 7-9pm at the Regen Centre with tutor Stella Kitchener. She will teach you to "create and organize documents, browse the internet and use the keyboard fully." Alternatively join, 'Improve your Computer Skills,' on Tuesday morning from 10am - 12noon and you may wish to aim at an ECDL qualification. Classes run for 8 weekly sessions continuing in 2010. 8 places only-so booking is vital.

with Dick Hunter how petitions in York Assizes affected the lives of prisoners and the survival of their families and supporters. Do research at York Museum and study British Library newspapers and the local Census. This intriguing history class starts on October 14th for 8 weeks at the Regen Centre from 7-9pm.

UNCOVER YOUR ANCESTRY is a chance to do something different and meaningful for your family. Expert Susan Butler teaches you how and where to find out about the past. Don't worry if your computer skills are limited, as Susan can help with this and guide you through follow up practical work.

Starts on 13 January 2010 for 8 Wednesday evenings from 7-9pm at the Regen Centre.

ART classes have run for years but lack enough support. We are working on this and might manage a class in January 2010. Ring us to book if you are interested.

For further details on any course or to book a place, please contact 249201 or 248813. Check out the Regen Centre website for class listings.



PLAY GUITAR offers beginners wanting to play a Classical, Folk or Acoustic Guitar a unique chance to learn the basics from an expert. Tutor Mick O'Hara is a well known local player with Folk music groups who "...wants to interest you in playing for fun and make sure you start off correctly .' There is no pressure to read music... so beg, borrow or buy a cheap instrument and come along. Mick's class is on 8 Mondays from 7-9pm at the Regen Centre starts on *October 5th*. This class is limited to 10 so book your place early.



THE WAY OF THE WOLDS is a fascinating trip through the countryside from the Humber estuary to Flamborough cliffs with tutor Les Barnett, an expert on the geology, flora and history of this interesting area and its settlements. The class meets on Tuesday afternoons from 2-4pm at the Regen Centre from October 6th and will continue in the spring of 2010 with a series of day trips into the Wolds. Not to be missed!

CRIME & PUNISHMENT IN 19TH CENTURY YORKSHIRE might make your mind boggle as you study

T'AI CHI is a social event and a gentle exercise class for beginners from 8.15pm to 9.30pm and improves from 7pm -8.15pm on Tuesday evenings at the Regen Centre. It starts on October 6th 2009 for 12 weeks; continuing until Easter 2010.

